



LIMESTONE FIRE PROTECTION DISTRICT

5262 East Hwy 20, Claremore, OK 74019 918-341-6430 FAX 918-343-2302

www.limestonefd.org

JOB POSTING: ONE (1) Full-Time, Career Firefighters (24/48 schedule)

SALARY: Starting Recruit at \$37,737.20 per year, plus benefits. With an approximately **10.5% increase** after successful completion of the first year of probation (and completes IFSAC FF1 AND NREMT). **If the candidate has IFSAC FF1 and NREMT or higher, the STARTING PAY IS \$41,677.14 per year, plus benefits, with annual step increases.**

EXAMPLES OF DUTIES: Under direct supervision of the paid Line Officer and other District Officers, the Firefighter's duties include, but are not limited to responding to medical calls and fire alarms; performing medical care on persons at the level of Emergency Medical Responder; performing cardiopulmonary resuscitation, and carrying patients from remote and obscure locations. Using skills learned from Firefighter I training, Firefighters will assist in fire prevention, fire suppression, public education, fire equipment/apparatus maintenance, and fire station upkeep. LFPD Firefighters are required to obtain Firefighter I Certification and Emergency Medical Responder Certification within the first year of service and to attend all required training.

QUALIFICATION REQUIREMENTS: To perform this job successfully, the individual must be able to perform each duty satisfactorily. Individuals must complete an LFPD background investigation, written test, state firefighters' pension physical agility test, oral interview, drug test, and pension physician's physical.

PREVIOUS WORK EXPERIENCE: Some experience working with a fire department, EMS, and the public is desirable. Firefighter I Certification and Emergency Medical Responder License preferred.

BACKGROUND, SPECIAL TRAINING, AND SKILLS: Possess a valid State of Oklahoma driver's license; no felony convictions or criminal record; U.S. citizen; Oklahoma resident; over the age of 18. Individuals must be able to demonstrate the physical ability to perform the duties of a Firefighter.

EDUCATION: High School Diploma or equivalent.

STATE FIREFIGHTERS PENSION AGE LIMIT: Must be under the age of 45 on employment start date to get into the state firefighters' pension system. Applicants age 45 or older will not be accepted due to the pension Rules.



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PHYSICAL AGILITY TEST:

1. Run 1 1/2 miles within 13 minutes.
2. The Candidate shall perform 35 bent-knee sit-ups within 2 minutes.
3. Flexed arm hang- minimum time: 8 seconds (palms away)
4. The candidate, be given a beam secured to a level floor and measuring 20 ft. (6m) long by 3 to 4 in. (76 to 102mm) wide and given a length of fire hose weighing at least 20 lb. (9 kg.), shall walk the length of the beam, carrying the length of hose, without falling off, or stepping off the beam.
5. The candidate, given a weight of 125 lb. (57 kg.), shall lift the weight from the floor and carry the weight 100 ft. (305m) without stopping.
6. The candidate, starting from an erect position with feet apart, the distance approximately shoulder width, shall move a 15 lb (7kg.) weight in the following manner: bend over, grasp the weight with both hands while it is at a point on the floor between the feet, and lift weight to waist level, then place the weight on the floor approximately 12 in. (305 mm) outside the right foot. The weight shall then be moved alternately in the fashion from left foot to waist level, to right; right to waist level to left until it has been moved 7 times in each direction, with the total horizontal distance of travel being at least 21 in. (610 mm) more than the space between the feet for each of the 14 moves. This shall be done in less than 35 seconds.

PHYSICAL WORK ENVIRONMENT: The physical demands and work environments described are representative of those that must be met by an employee to successfully perform the essential functions of this job.

An employee must regularly be required to stand, walk, sit, talk, and hear, and use their hands to handle or feel. Also, one must be able to bend, stoop, twist, and reach with hands and arms regularly.

An employee may be asked regularly to lift 50 pounds. Vision requirements are close, distance, and color vision, peripheral and depth perception, and the ability to adjust focus. Employees may be expected to perform duties outdoors in all types of weather on emergency scenes. At emergency scenes, the employee may be required to lift persons and objects weighing over 100 lbs. Employees at emergency scenes will be required to work at excessive heights via the use of ladders or lifting devices and will be exposed to excessive heat, cold, wet, and hazardous situations.



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BENEFITS:

- **HEALTH INSURANCE:**
Employees' premiums are covered by the district at *no cost to the employee.*
- **DENTAL INSURANCE:**
Employees' premiums are covered by the district at *no cost to the employee.*
- **LIFE, ACCIDENTAL DEATH, AND DISMEMBERMENT INSURANCE AND LONG-TERM DISABILITY INSURANCE:**
Employees' premiums are covered by the district at *no cost to the employee.*
- **CRITICAL ILLNESS / CANCER POLICY:**
Employees' premiums are covered by the district at *no cost to the employee.*
- **OKLAHOMA STATE FIREFIGHTERS PENSION SYSTEM:**
The employee pays 9% of their salary into the system, and the employer pays 14 % of the salary into the system on the employee's behalf, towards a 20-year retirement.
- **NATIONWIDE 457 PLAN:**
Employee-funded deferred compensation retirement plan.
- **COMPETITIVE PAY:**
Annual step raises for each rank.
- **24/48 SCHEDULE:**
A, B, AND C Shifts work 24 hours on and 48 hours off.



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TESTING PROCESS:

Applications are accepted.

1. Written test scheduled for all applicants meeting the requirements listed above
2. Written test
3. Physical agility test scheduled for all applicants who passed the written test.
4. Physical Agility Test
5. Background check on the top 3 remaining Candidates
6. Interview with the top 3 Candidates
7. Selection of the top candidate for the pension physical
8. Pension physical
9. Job offer

HOW TO APPLY: Applications for the Paid Firefighter position can be obtained [here](#) (or in person at Limestone Station #1 – 5262 East Highway 20, Claremore, OK. OR Limestone Station # 3 – 17651 E 76th Street N. Owasso, OK. Applications will be available in the Office 8 am – 4 pm Monday through Friday, and should be returned to the same address, Attn: Human Resources.

APPLICATIONS WILL BE ACCEPTED UNTIL 1600 hours (CST) on Friday, June 5th. Late applications will not be accepted. Resumes will not be accepted in place of applications. **INCOMPLETE APPLICATIONS WILL NOT BE CONSIDERED.**

Applicants selected for an interview will be contacted by the LFPD Chief's Office, which will provide more information about the District and the dates for interviews.

EQUAL OPPORTUNITY EMPLOYER

TESTING DATES:

June 5 (Friday)	4:00 p.m.	Deadline for Application
June 13 (Friday)	8:00 a.m.	Written Exam
June 20 (Saturday)	8:00 a.m.	Physical Agility Test
June 24 (Wednesday)	6:00 pm	Oral Review Interviews
June 27 (Saturday)	6:00 pm	Second Interview (if needed)
June 29-July 11		Pension Physicals (dependent on pension DR. scheduling)
July 15 (Tuesday)		Tentative Start Date for recruit (dependent on Pension Physical results)